



Spectrum



RI District 3291

August 5, 2023

Weekly bulletin of Rotary Club of Salt Lake Metropolitan Kolkata

VOL 17 □ NO 6

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CLUB NO □ 78956

CHARTERED ON □ APRIL 30, 2008

WEBSITE □ www.rcslmk.org

Matri Raksha: fighting anemia in women

The 23rd Anemia screening and treatment camp under Global Grant 1991152 held on Sunday, July 30, 2023 at Dishari Salt Lake in association with Rotary Calcutta Laban Hrad.

Eleven other clubs joined as co-hosts.



The 23rd anemia screening and treatment camp under Global Grant 1991152 held on Sunday, July 30, 2023 at Dishari, Salt Lake



Forty-six adult women reached the camp, got themselves examined their blood pressure, sugar, hemoglobin and other pertinent health parameters. Three accompanying adult men, though out of purview of Matri Raksha, got their aforesaid health parameters tested.



Club secretary and past President Dr Chitra Ray and Dr Debasmita examined each woman and prescribed specific medicines and made necessary recommendations for giving a direction and furthering their treatment.



President Kusum Chamaria, supported by club's new member Meenal Chaudhury led flawless coordination of various activities related to the purpose of the camp.



The volunteers, namely, Ms Som Dutt, Ms Jhuma Chaudhury, Mr Alok and Mr Shuvranil, among others, the essential and integral wing for successful camp, performed their roles of recording personal data and ailments, measuring health parameters, explaining and recording recommendations made on the prescription, distribution of medicines and updating stock of consumables.



We meet calendar months' 2nd & 4th Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

Printed by Kusum Chamaria, President, Rotary Club of Salt Lake Metropolitan Kolkata • Editor: Dr. Om Tantia

For private circulation only • Web site: www.rcslmk.weebly.com • Email: es.rcslm@gmail.com

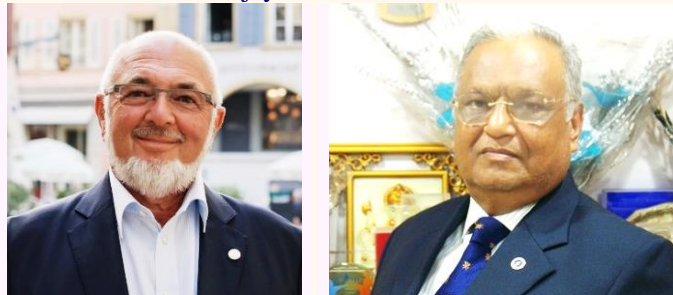
As done in each camp, before handing over nutrition and personal hygiene booklets to each beneficiary of the Matri Raksha Anemia Screening and Treatment Camp, the content therein was adequately explained to them.



Unlike, except inaugural camp, past Matri Raksha camps, where even more than 200 women were examined and treated, this camp saw welcome presence some of past and future district leaders of the century. Among them, captured in the frame, were past Governors Rajkumar Rajgharia, Rajendra Khandelwal, Rajani Mukerji, Shyamashree Sen, Sudip Mukerjee and Governor Elect Dr Krishnedu Gupta.



The inaugural camp, held on September 19, 2021 at DA Block Community Hall, saw speakers in person, that included, among others, Governor Prabir Chatterjee, DRFC and upcoming RI Director Aniruddha Roy Chaudhury and Governor nominee Ajay Law.



Online speakers included, among others, RI President Shekhar Mehta, RI Director Urs Klemn, Hansreudi Moser, past Governor RI district 1990 and Binod Khaitan.



Expand your Rotary experience through our engaging networking programs

Posted on August 3, 2023 by Claudia Urbano, Rotary Service and Engagement staff



Francesca Leonardi and Antonio Bernardo, members of the World Fellowship of Rotarian Gourmets, prepare food during a meeting in Rome, Italy. Over the course of two days, Rotary members participated in informational cooking presentations, a pesto-making competition, and wine tastings. The World Fellowship of Rotarian Gourmets is a community of Rotary cooking enthusiasts from all over the world. Rome, Italy. 23 April 2023

Welcome to August - Rotary's Membership and New Club Development Month. This is the perfect time to learn more about the many networking opportunities available to adults through Rotary.

Our networking programs and activities offer meaningful connections with people from all over the world. Whether you're interested in exploring your passions and hobbies, making new friends, or advancing your career, we have a program for you.

Here are some ideas on how to get started

Explore your passions and hobbies by joining a Rotary Fellowship with like-minded members. More than 100 Fellowships are eager to welcome you to their global community.

Take part in Rotary Friendship Exchange, an international home-hosted exchange, to discover new cultures and advance goodwill while making friends all over the world. Exchanges focus on a specific theme within service, vocation, or culture.

Attend a project fair to find and support international club-led service efforts that touch lives and make a real impact.

Foster intercultural understanding through an intercountry committee, which promotes peace and friendship to strengthen relationships between countries.

Establish a Twin Clubs agreement, a long-term relationship between two international clubs to promote international understanding, goodwill, and collaboration on service projects in their communities.

Creating a great club experience

Posted on August 1, 2023 by Tom Gump, aide to 2024-25 RI President Stephanie Urchick and a member of Rotary International's Membership Growth Committee



Tom Gump

My favorite month of the year is August because that is when Rotary focuses on membership. As a membership organization, we recognize that our members are our biggest asset. When Rotary membership is strong, our clubs are thriving, we are more visible, and our members have more resources to help their communities

That is why growing our membership is one of our top priorities. How do we grow membership? Luckily, we don't have to approach this question in a vacuum. A number of Rotary International surveys have confirmed that the single most important factor in member satisfaction is the club experience.

So how do we intentionally create a great club experience?

1) Gather feedback – If we offer a great club experience, our members are more likely to remain active and introduce others to the Rotary family. If we offer a poor club experience, our members leave. Either way, they tell others about their experience. We need to give members the value they want. To know what they want, we need to conduct regular surveys. The Member Satisfaction Survey helps gather feedback that can be used to shape a rewarding club experience.

2) Continuously improve – Surveys are good, because we give our members an opportunity to be heard and make them feel like they belong. However, if we do not act on some of the suggested changes it has the opposite effect. At a presidents-elect training seminar, I once asked all the presidents-elect to tell us the one change they were going to make to create a great club experience. Troy said he was going to have pie for dessert! The room burst into laughter. I ran into "Troy the Pie Guy" a few years later and I asked him if he "got his pie." He did; but a strange thing happened. Club members happy with that change started suggesting other changes. His club slowly transformed from a club resistant to change to one that sought ways to improve. It is now the second largest club in its district. Rotary has a Leading Change course that discusses planning for change while nurturing members, who are resistant to change.

3) Be welcoming and caring – Sometimes, the little things we do count the most. Standing at the front door and greeting participants (members and guests alike) with a smile and kind words will make them feel special and like they belong. Showing appreciation and saying, "thank you" can turn potential members into members and volunteers into committed Rotary members. Recognition, either for monetary contributions or "sweat equity," can have the same impact.

Membership strategies vary by region and should be culturally sensitive.

Power companies must adapt to climate change now. Here's how researchers can help



Juliet Homer

By Juliet Homer, chief systems engineer, who leads the energy policy and analysis team at the Pacific Northwest National Laboratory in Richland, Washington, on 01 August 2023 in Nature

To protect millions from unnecessary power outages, utility companies need one thing above all: data.

A Texas ice storm in 2021. Hurricane Sandy in the Northeastern United States. Hurricanes Maria and Irma in Puerto Rico. All of these disasters not only destroyed homes and took lives, but also knocked out power infrastructures, leaving millions of households in the dark, without heating, cooling or life-saving medical equipment that requires electricity.

Climate models show that extreme events such as these will become more common globally, along with wildfires, droughts, floods and landslides. After years of reviewing infrastructure plans with US power companies, one large gap stands out to me: providers don't often factor climate change into their future planning.

This is all the more alarming as nations' de-carbonization goals pull us towards a highly electrified society. Utility companies and regulators must urgently work together to develop a power grid that is resilient to climate change. Climate researchers can and must play their part in this - above all by providing power suppliers with the data they need to plan the transition.

It still won't be easy. One major concern is cost, and whether consumers will balk at helping to finance climate resilience if they see huge increases to their bills. But it's cheaper for society if power supplier upgrades equipment now, rather than replacing it after a power outage, when they must also address the resulting economic losses. It is in consumers' interests to contact their power supplier, or their regional utility-regulating agency, to ask that they address the risks of climate change.

Power companies can do a lot to smooth the transition and limit the costs, as my colleagues and I at the Pacific Northwest National Laboratory in Richland, Washington, note in a new report. Those planning to update their equipment and infrastructure should choose materials that can withstand a wide range of temperatures, both cold and hot. Firms can also incorporate climate-change assessments into their long-term planning to determine where to invest: should they buy utility poles that can withstand storms or landslides; build new infrastructure outside flood plains; or move transmission lines underground in fire-prone areas?

In 2015, Seattle City Light in Washington became the first US utility company to release a comprehensive climate assessment. The plan identified 13 ways that the effects of climate change could damage power infrastructure and laid out actions that could buffer against such damage.

For instance, transmission lines, which carry power from generators to homes, can be either under the ground or above it. Underground lines can be damaged by extreme heat, whereas those above ground can be knocked down by flooding or landslides. Above-ground transmission lines are less safe during wildfires and can even cause them.

Seattle City Light identified ways to adapt, including working with landowners to manage flammable vegetation near power

lines, shielding energy-generating equipment from extreme precipitation and flooding, and continually tracking regional climate-change data to help prioritize the most cost-effective actions.

New York State's energy company Con Edison released its own climate-change vulnerability assessment in 2019. The report began as a response to Hurricane Sandy, which knocked out power for 8.2 million customers in 2012. Con Edison worked with climate scientists to forecast risks associated with sea-level rise, storm surges and heatwaves across its service regions.

There is a huge need for local, regularly updated and user-friendly data. Not all power suppliers have the resources to perform their own assessments, and the forest of data available is hard to navigate for laypeople and is at a larger scale than needed for local decisions.

Researchers need to work with utility companies to help them to understand which data sets are appropriate to their planning and operations decisions. Power suppliers tell me that they usually have to vet, modify, uncover biases in and ground-truth data they receive from scientists to match them to conditions on the ground. Utility companies need accessible data sets that they can use to determine the most cost-effective adaptations and investments.

Some places are already doing a great job of making appropriate climate data accessible. For example, the European Environment Agency created Climate-ADAPT, a service that provides data sets and forecasting tools to help various industries to prepare for the effects of climate change. These services could help power suppliers to make short-term forecasts (such as seasonal wildfire outlooks) as well as long-term ones (such as sea-level estimates). Climate-ADAPT also provides educational tools to help people in industry to use its vast supply of data.

Similarly, California state agencies teamed up with academic and industry researchers to create Cal-Adapt, a repository of climate-change data that the state's public utility commissions require providers to use for short- and long-term planning. Data sets include coastal inundation scenarios and maps of extreme heat days, warm nights and wildfires. Californian power suppliers find Cal-Adapt's data and tools easy to use, helping them to prioritize.

If utility companies lead the way, there will still be climate-change-related power outages, but fewer people will suffer and die as a result.

Upcoming Anemia screening and treatment camps under Global Grant 1991152 titled "Matri Raksha"

The 25th camp shall be on Tuesday, August 15, 2023 at Godkhali, Sunarban with Young Indians Kolkata. Rotary Young Indians Health Clinic shall also be inaugurated.

The 26th camp shall be on Tuesday, August 15, 2023 at Bankura with prof Tamonash Choudhary.

The 27th camp shall be on Sunday, August 20, 2023 near Kalyani with Rotary Calcutta Galaxy.

The 28th camp shall be on Sunday, August 27, 2023 at Uttarpara with Rotary Serampore.

Peace Walk by the Interact club of DPS New Town



The Interact club of DPS New Town held a Peace Walk in Salt Lake on Friday, August 4, 2023. Rotary Salt Lake Metropolitan joined. RCLSMK President Kusum, behind the dated banner, encouraged the students



IPP Archana Goyal on August 11, 2023

Priyanka Agarwal on August 21, 2023

President Kusum Chamaria on August 23, 2023

QUOTE

Giving more than you have and expecting nothing in return means selflessness

UNWIND

"I love being married. It's so great to find that one special person you want to annoy for the rest of your life."

—Rita Rudner

TAILPIECE

The bird in the sky



The drone service, started in December 2022, works on a hub and node basis, where the Jengjal Sub-Divisional Hospital of Meghalaya is the hub where the drone station is based. All the medicines and injections are procured here; there is a laboratory to run tests as well. There are currently 12 nodes, including the Shallang PHC and Dadenggre CHC. The drones fly to these nodes on a weekly basis, taking medicines and injections based on the needs of the different health centers, and bringing back blood samples for testing.